

**ANNUAL REPORT OF THE ACTIVITIES OF THE BETHANY SOCIAL SERVICE TRUST®
BENDLOOR, MANGALORE-575 002, D.K.**

**For the year 2018-19 presented on the annual meet of the Board of Trustees
on 26.09.2019**

The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favour". The mission mandate of Jesus Lk 4:18-19 bind us to reach out to the poor the marginalized and the oppressed.

In every sphere of human activity where team work is essential, there is no task by an individual in the team that can be considered as more important or less important. What is important is the joint effort of all members, which keeps the team together and helps them to achieve success in any given work. Sahodaya as a team endeavours to bring the good news of the Gospel to the poor and lowly, in realization of the vision of the Founder of Bethany Congregation. Sahodaya aims to be the partners with God in making His Kingdom a reality, by being sensitive towards the social realities and to become critically aware of the causes of injustice, thus work for the common good, justice and peace in the society especially focusing our attention on combating human trafficking and promoting safe migration thus to reach out to the needy in our respective work areas.

Dear Sr Rose Celine the President, Sr Christine the treasurer and all the Trustee members of the BSST, I am happy to present before you the annual report of the activities of the Bethany Social Service Trust(R) for the year 2018-2019. The programs of BSST are mainly carried out through Sahodaya staff namely Sr Leena Dcosta as the committed Program Coordinator, Mrs Nimisha, Mrs Nalini, Ms Deepika and Ms Ranjani the lay animators and under the guiding leadership of Sr Shanthi Priya the Directress of Sahodaya.

Goal : Fullness of life for all, with a special concern, for the poor and marginalized.

Vision: A just and humane society where the compassionate love of God is manifested.

Mission: Restoration of human dignity.

Objectives:

1. To achieve women empowerment programs through the strengthening and sustaining of women's federations, Mahila Mandals, SHGs, Migrants, domestic helpers and trafficked persons.
2. To promote integral human development of children, youth, women and rural poor through the promotion of human values, realization of human rights and respect to the dignity of human persons.

3. To address the issues like human trafficking, migrants, child rights, family conflicts and disintegration, legal counselling and legal aid services to the women and families, gender sensitivity among the school going children and staff, and pro-life enhancement through Right- Based Approach.
4. To promote local leadership for effective governance among women, children and youth in our work area.
5. To enhance sustainability of women, children and youth through entrepreneurial skill development.
6. To encourage and prepare the students of Kannada medium primary schools for the Sahodaya competitive exams.
7. To promote and protect ecology.
8. To strengthen the network with the NGOs and GOs and avail government schemes and services to the poor.
9. Improve quality of life through health awareness programmes and alternative system of medicine.

1. Strategies used to implement the above objectives are:

Women are empowered through awareness programmes on various issues on atrocities against women, problems of adolescents, legal knowledge, constitutional and human rights education, gender justice, leadership skills, responsible parenthood, sexual harassment, settlement of family disputes, preparing children for competitive exams and promotion of ecology, child- rights/POCSO Act etc through rights based approach and efforts have been made to create awareness and prevent the women and children from being the victims of exploitation. Women and families are also rescued through interventions at various stages of conflicts. Through counseling and legal measures number of cases are being settled amicably and through reconciliatory methods. All these are achieved through Participatory and Rights Based Approach.

2. Women Empowerment Programmes:

Strengthening of women groups and formation of SHGs are done through the regular visits to the groups and villages by the programme coordinator and social workers. Regular meetings are held and they are motivated towards their integrated development. In order to make them self-sufficient they are encouraged to save regularly which helps them to enhance their economic stability and advancing loans/micro finance to its members. Zonal and federation meetings are conducted regularly once a month during which different issues and concerns are dealt with. Women also avail loans for various needs from their respective SHGs as well as from the federation. Various capacity building sessions, promotion of women leadership and planning with office bearers of the federation is done meticulously. Women are empowered through awareness programs on legal knowledge, constitutional and human rights and gender justice.

3. Capacity Enhancement programmes for the women:

Women were trained in various aspects such as, leadership skills, ill effects of social media, moral values, cleanliness and care of environment, herbal/home remedies, rain water harvesting, plastic free society, violence against women, government schemes and facilities, awareness on atrocities against women, issues like human trafficking, migrants, self employment, human rights education, responsible parenthood, healthy-food habits and life style, problems of adolescence, sexual harassment, children's rights/POCSO Act, save water/save trees, vermin-culture, etc. Women actively participate in the group discussions and are able to express their opinion and gain the knowledge on the current issues and problems. Most of the women confidently express their opinion during the meetings. They take initiative to organize programmes in their respective villages like annual day, yoga day, Independence day and atti habba. Women have gained the ability to follow the transactions of the bank and they have gained confidence and courage to speak or to question.

Regular meetings are held in their groups, cluster level and in the federation. During the monthly meetings at Sahodaya the following topics are taken up and given awareness to the members. Session on women and law by Mrs Merlin from DEEDs, women & stress management by Mrs Harshita from Lady Goshen, health and insurance by Mr Jaganath from Wenlock Hospital, violence against women and herbal medicine by Sr Agnesia BS. Plastic free society and care of mother earth, awareness on dengue fever and other health practices tips are given to the federation members.

Two more new groups are formed at Kudroli, Bandar with membership of 15 each. Jyothi Nagar slum is regularly visited and constructions workers children are helped to 28 children to get the scholarship from the school.

Sahodaya in collaboration with NGO okkuta organized one day seminar for the NGO members on social analysis and present day trends and Constitution of India by Mr Bosco from Mysore.

Free Health Camp was organized on 23rd Oct 2018, at Baikampady Meenakali slum area in collaboration with Hindkusht Nivran NGO. About 107 participated only 41 patients were given medical help.

Relief to the victims of floods: The devastating floods and heavy rains of Karnataka during the last year and as well as these monsoons, we reached out to flood stricken families of Madikere, in providing warm clothing and toilet articles. We also provided

the ration and basic materials to five students of St. Joseph's HS and St. Sebastian School whose families experienced the great loss due the floods. Sahodaya federation members also reached to the needy with ration and house hold utilities and distributed them amongst the flood victims in Baikampady slum area.

Work shop on Anti Human Trafficking, Safe Migration and New trends in Medical Science:

Congregational level workshop at Panvel held on 19th November 2018, 56 sisters involved in socio medical apostolate led by Rev Sr Shanthi Priya the General Coordinator for the Socio Medical Apostolate of Bethany Congregation, at Animation and Resource Centre at Panvel for a week long workshop on Anti Human Trafficking , Safe Migration and New Trends in Medical Science. Sr Shanthi Priya, in her inaugural address highlighted the history and the significance of missionary endeavors of Panvel mission and the back ground of the social work initiatives of Bethany inspired by the Spirit of the Founder at Panvel 30 years ago. She also highlighted the thrust of the 16th General Chapter which made mandatory to work with migrants, victims of human trafficking and bonded labourers. She emphasized that the human trafficking is linked with migration, bonded labour and child labour. Efficient resource persons were arranged and appropriate topics were taken for the five days seminar by the following resource persons; Mrs Hazel the recourse person spoke on the theme anti human trafficking and its impact on the society. Mr Sumit the Coordinator of International Justice Mission (IJM) and Ms Rose Ann the Advocate gave us the statistics of modern day slavery in today's world. Mrs Praisly Gloria, social activist dealt on push and pull factors of Migration Persons. Dr.Sr Beena UMI addressed the group on the topic medical ethics and laws. Sr Lincy UMI spoke on the topic sexual harassment at the work place.Fr Rocky Banz, Sr Sahaya and Miss Diana from Health Promotion Trust. Fr Rocky spoke on empowering Preventive health initiatives. Sr Jessy Maria spoke on the birth and journey of AMRAT. She highlighted on the advantages and purpose of working in association with AMRAT.

Sisters had one day exposure program and went for the field visit in 3 groups. Groups were guided by Sr Shanthi Priya the General Coordinator Sr Michelle and Sr Violet.

All the 8 coordinators presented reports of their respective provinces and the final the action plans. Sr Shanthi Priya gave the concluding message and guidelines to carry on the action plan.

- Net working within the Congregation –within the Province inter province net work should be promoted for training of alternative system of medicines, rescue and rehabilitation for victims of trafficking.
- Net working with IJM and other NGOs are to be promoted for the cause of the victims.

- Documentation of the work carried out in the Province should be done systematically.
- Learn the skills in presenting the Power Point, videos, photography, writing articles and publishing the activities in mass media like websites, news papers.
- Resource mapping of the locality to be done in order to spot influential people who are helpful for promoting our work.
- Showcasing of the work accomplished in our place need to be done through documenting the case studies and success stories.
- Visit by the General Coordinator to the respective social work centers in the Province for social audit, assessment and strengthening the Socio Medical Apostolate.
- Build your personal expertise.
- We need to identify our own personal skills and develop on it. Such as reflexology, SUJOK, counseling skills, rescuing capacities, writing skills, resourceful.
- We need to build our inner world with prayer, spiritual direction, good friendships and counseling.
- Doctors and Lawyers have to enroll at the national association of doctors/lawyers and nurses in nurses guild.
- Register the dispensaries, and take care of the regular functioning of the registered Societies/Trust and other units in our Provinces.
- Lawyers to be acquainted with new Laws in our countries and share your knowledge.
- Take up doctoral studies on health, and social work issues etc.
- Expand your field of operation especially in health care and social work.
- Planning for the optimal use of trained personnel in the provinces.

4. Children and Youth development programme:

Every month children's group meetings are conducted. Children are given inputs on group life, leadership, save earth/save water, respect for the elders and group games are conducted and prizes are given to the winners.

Children's gram panchayath was held at Rayi and Karopadi gram panchayath Sr Leena D'costa, Mrs Nalini and Mrs Nimisha were the resource persons they took the following topics: swaccha gelathi, importance of education, children's rights, POCSO Act and ill effects of use of drugs & social media there were about 400 school children. MSW students also participated.

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Summer Camp: On 4th, 5th and 8th April 2019 we conducted summer camps for three school children namely, Little Flower HPS Bajpe, St. Sebastian HPS Bendur and St. Joseph's HPS Kankanady. Children were very happy with all the activities that were conducted through games, role plays and group quiz the winners were given prizes and all were served snacks. All together 485 students participated from 3rd std to 7th std.

The following awareness programmes were conducted for the children:

Sl No	Date	Topic	Name of the school	Place	No of participants	No of days
1	02.07.2018	Self respect, children's rights, health & hygiene	DK Zillapanchyat HPS	Baikampadi	17	2
2	08.07.2018	Recycling of Plastic & managing of wet waste, environment	Yeshasvi Childrens Group.	Porkodi	30	1
3	19.08.2018	Aims & Achievements	St Joseph's HPS	Kankanady	103	1
4	16.09.2018	Importance of education, ill effects of mass media	St Joseph's HPS	Kankanady	97	1
5	23.09.2018	Swacha galathi, Adolescence problem & human trafficking	St. Sebastian HPS	Bendur	62	1
6	27.10.2018	Role in receiving appreciation, leadership and value education.	DK Zilla Panchayath HPS	Rayi	102	1
7	15.11.2018	Importance of education, Self Respect & Leadership	DK Zilla Panchayath HPS	Shivanagar	40	1

8	12.01.2019	Adolescence problem, Importance of education & Human trafficking	DK `Zilla Panchayath High School	Kenjuru Porkodi	38	2
9	13.01.2019	Aims & Achievement, Enviornment	DK Zilla Panchayath HPS	Kenjaru Porkodi	42	1
10	14.01.2019	Adolescence problem, advantages & disadvantages of social media ,ill effects of use of drugs (ganja) and human trafficking	St.Joseph's high school	Kankanady	94	1
11	10.02.2019	Adolescence problem & personal Hygiene	St Joseph's Higher primary	Kankanady	110	1
12	17.02.2019	Adolescence problem & personal Hygiene	St.Sebastin HPS	Bendur	57	1
13	05.07.2019	Adolescence problem & motivation on Sahodaya competitive exam	Little Flower Higher Primary School	Bajpe	115	1
14	14.07.2019	Adolescence problem & personal Hygiene	DK Zillapanchyat Higher Primary School	Pandeshawra	54	1

5. Counseling Services: Are availed to students, families, couples and individuals. 27 cases have been dealt this year. 13 cases are settled with the help of the lawyers, specially the marital dispute, property and single woman's case. Referral services are provided to those who need specialized professional assistance through net work contacts like DEEDS, child line, police department and given the legal assistance whenever needed. Remaining 14 cases are on the process.

6. Staff in- service Training:

The social work staff was sent for the training conducted by CODP, seminar on Indian Constitution, training on care of elderly, awareness on human trafficking, social analysis. DEEDS conducted training on counseling and workshop on adolescent's problems. Women's forum conducted one day training on domestic worker's problems. Social workers also attended the training conducted by Zilla and gram Panchayath on rain water harvesting, swatch Bharath mission and swacha gelathi, from PHC one day seminar was organized on protection of health. Sr Shanthi Priya, Sr Christine and Sr Leena D'Costa attended a day's seminar organized by DEEDS on the latest rules and regulations regarding Income Tax and FCRA. Mr Martin Pinto was the resource person.

7. Staff Exposure programme :

Sahodaya staff was given an opportunity for exposure programme to Jeevan Vikas Kendra, Panvel. Sr Violet and Sr Michelle planned and organized the entire exposure program and they accompanied us to the villages of Panvel and Kamathipura. We had interactions with their social workers then we visited the villages and remedial centers.

A day at Kamathipura (red light area) Sr Beena CMI in charge of Navajeevan centre briefed us about their work in that area and gave us few guidelines while visiting the colony. We met few women who are engaged in sexual activities and listened to their pathetic stories. Navajeevan centre caters to their little ones. We also met the four women who were rescued and rehabilitated and are working as care takers of these children at Navajeevan. This experience was very moving, it enabled us to give our best for the cause of the young girls and women to reach out and protect them from this in human trap.

A days study cum exposure program for the staff of Sahodaya along with Sr Shanthi Priya the Directress to a NGO- ADARSHA at Madoabidri. (Agency for development awakening and rural self help associations)

8. Regular Monthly Meetings: Their resources are made use in the schools, gram panchayath and villages. Timely directions and guidance to the staff are given by our Director Sr Shanthi Priya during our monthly meetings to reach out to many in varied ways

9. Resource development: Sr. Leena D'Costa is involved in giving training to different groups. One day workshop was conducted on 19th March 2019 for the 10 NGO's partners at Sahodaya, 35 members participated.

One day seminar was conducted for 28 youth at Fermai Parish organized by the SHG members. One session for 40 Jesus youth on migrants and faith formation at

Sahodaya. Sr Shanthi Priya gave the orientation to the teacher's of St. Theresa, addressed the PTA of St. Sebastian's school and gave a motivational talk to the Teachers St. Theresa School on the eve of teacher's day.

10. Novices and Junior Sisters Program by Sahodaya:

Sr. Leena D'Costa took up one day sessions on social analysis and human trafficking to the novices and I year junior sisters and half day exposure to Jyothi Nagar slum along with the staff Mrs. Nalini and Ms Ranjini.

11. Celebrations:

International Women's Day was celebrated on March 13th 2019 on the theme gender balance society. Sr. Lilitta the General Councilor presided over the function, Mrs Jayashree the supervisor from women and child development department was the day's resource person. About 260 women participated.

Christmas programme and campus get together was organized as usual along with our federation members and neighbors to share the joy of Christ.

Aati habba was celebrated in the villages by our self help group members in four clusters and by the federation members at Sahodaya and created awareness to preserve the culture and care of the mother earth. 450 women participated.

International girl's child day was celebrated in four schools. St. Josephs HS & HPS Kankanady, St. Sebastian HPS Bendur and DK government HPS Kenjaru 368 girls participated.

World day against Trafficking in persons about 255 women from our federation, Dharam Raksha federation of Dharmasthala, parents of St. Joseph's Higher Primary School Kankanady participated. Sr Leena D'Costa gave the information through video clippings and with practical examples. World day against human trafficking was held at Sahodaya the resource persons from Economics and Narcotic Crime PSI Mrs Latha and Head Constable Mrs Shrilatha gave a informative talk on human trafficking and usage of drugs with practical examples and happenings in Dakshina Kannada.

On January 30th on Martyrs day, Sahodaya organized blood donation camp in collaboration with Wenlock hospital for free distribution to the poor patients that visit the city hospital. Dr Sharath Kumar enlightened the participants on the importance of saving a life and the advantages of donating blood. Sr Shanthi Priya directress of Sahodaya highlighted the significance of the day. 36 volunteers donated 10.8 pints of blood.

12. Financial Assistance to the poor Children:

Deserving Children from poor areas and families are supported for their fees, uniforms and shoes, (10 students) educational materials (26 students) from the Trust fund. This year 36 students have benefitted. (100 students are helped in providing pencil pouch one note book & a pen) during the child helpline programme.

13. Placement Agency for BSW/MSW students:

Sahodaya collaborates with the colleges of social work Government I grade College Vitla and Mangalore University College in the placement of their students for field work. 3 Students were placed in Rayi, Kukkipadi, Mavin Katte, Siddakatte gram Panchayat DK Zilla panchayat Higher Primary School Shivanagar, St Joseph's Kankanday and St Sebastian's Bendur Schools. MSW/ B.Ed students from 3 colleges had field work exposure under our NGO.

14. Net Working with other NGOs:

The Trust promotes networking and collaboration on issue-based involvement with different local NGOs like School of Social Work, Roshni Nilaya, Family service Agency, Mahila Jala, Okkuta, Sanchi, Valored, Bhandavya, Spandana, DEEDS, CODP, DCCW, Vishvas trust and FEVORUD-K. (Federation of Voluntary Organizations for the Urban & Rural Development in Karnataka). All the staff of Sahodaya took part in the protest- women in black along with other NGOs, to get the equal right to women to contest in the general election.

15. Sanchi Trust:

SHGs women avail loan through Sanchi Trust for self employment initiatives. Women avail loan for self-employment such as tailoring shop, grocery shop, pickle sale, catering, dairy farming, agriculture, garments sale, rooms for rent, and tea stall etc. Women have developed their capacity for bank transactions and economic improvement of the family.

Loan availed by SANCHI to Sahodaya Bethany Mahila Okkuta 2018-19

No of beneficiaries	225
Loan availed (45 Individuals)	Rs. 23,50,000/-
Loan repaid	Rs.17,39,570/-

16. Sahodaya Competitive Examination (SCE):

The Bethany Social Service Trust through Sahodaya conducted competitive exams for the 15th year consecutively; for the students of Std 5th to 7th of Kannada medium schools to enhance their capacity and to prepare them for the future. This year 1153 students from 17 Kannada medium schools appeared for the examination held in November 2018-19. 6 toppers were awarded with cash prize, 873 awarded with

certificate who secured above 50 marks. Notable improvement in the students who participated in this self-development programme is recorded. Two new government school children have enrolled this year. Sr Esthelita BS happily helps in the preparation of question papers for the examination.

17. Sahodaya Bulletin:

Sahodaya publishes quarterly News bulletin which highlights the main social work activities of the centers which come under the Central Administration and Mangalore Province. It serves as a link among the institutions and agencies, a channel to share views, success stories and challenging experiences in the field. Preparation for launching of the web site for Sahodaya is in process.

The following government schemes and services are availed by staff and MSW students for the minority and the poor in general.

S No	Benefit	No. of Beneficiaries
01	Widow pension	17
02	Old-age pension / Sandhya Suraksha	10
03	Emergency Fund for widows	01
04	Regular help for widows	07
05	Health/Health card	33
06	Karmika Ilake scholarship	37
07	Minority scholarship	27
08	Vermi compost	01
09	Poultry and Animal husbandry	12
10	Schemes from Agriculture dept	01
11	Votor ID	14
12	Senior Citizen ID	04
13	Aadhaar Card	23
14	Income Certificare	05
15	Assistance for last rites	01
16	SJGSRY	01
17	Marriage Registration	01
18	Beedi Pension	04
19	HIV/AIDS Infected identified (Children):	03
20	Care and Support extended to No.:	02
21	Labour Card	28

Conclusion;

I thank Sr Rose Celine the President of the Trust, for her availability, keen interest in all the activities of the Trust, support and guidance in the management of the affairs of the Trust. I am grateful to all the Board of Trustees for their guidance and support, genuine interest, participation in the programs and meetings, personal encouragement and financial assistance in realizing the goals and objectives of the

Trust. Special thanks to Sr Erasma the provincial superior of Northern Province who generously supported the programs of the Trust. I also wish to place on record the committed and diligent supervision and coordination of programs of Sahodaya by Sr Leena Dcosta as the Program Coordinator and the efficient and genuine contribution and collaboration of the staff of Sahodaya.

(Sr. Shanthi Priya B.S)

Secretary

Bethany Social Service Trust ® Mangalore

26, September 2019.