

**ANNUAL REPORT OF THE ACTIVITIES OF THE BETHANY SOCIAL SERVICE TRUST® BENDOOR, MANGALORE-575 002, D.K.**

***For the year 2016-17 presented on the annual meet of the Board of Trustees on 22.08.2017***

“...You shall go to all whom I send you” (Jer1:7b)

A call to be the handmaid of the Lord and to share the compassionate love of Jesus with all, especially the poor and marginalized reminds us today to be the face of Jesus, who responded prophetically and courageously without minding the consequences. Sahodaya Bethany Seva Kendra being a unit of the Bethany Social Service Trust aims to extend the compassionate and merciful love of God to all, through the empowerment and restoration of human dignity of the poor, under privileged, marginalized and exploited humanity in the society. We recommit to the mandate of the XVI General Chapter to venture into the frontier ministries in combating human trafficking and promoting safe migration thus to reach out to the needy in our respective work areas.

In fidelity to the spirit of the Founder, Sahodaya endeavours to bring the good news of the Gospel to the poor and lowly, in realization of the vision of the Founder of Bethany Congregation. Sahodaya aims to be the partners with God in making His Kingdom a reality, by being sensitive towards the social realities and to become critically aware of the causes of injustice, thus work for the common good, justice and peace in the society.

I am happy to present before you the activities of the Bethany Social Service Trust(R) for the year 2016-2017.

**Goal :** Fullness of life for all, with a special concern, for the poor and marginalized

**Vision:** A just and humane society where the compassionate love of God is manifested.

**Mission:** Restoration of human dignity.

**Objectives:**

- Welfare, developmental and educational activities for the benefit of all irrespective of caste, creed, language, religion and race in India.
- Integral human development of children, youth, women and rural poor through the promotion of human values, realization of human rights and respect to the dignity of human persons.
- Improvement of the living conditions of the poor through developmental and empowerment activities and availing of government schemes and services.
- Promotion of community health and providing for their medical services through institutional and non-institutional referrals.
- Women empowerment programs through the strengthening and sustainability of women's federations, Mahila Mandals, SHGs and other associations
- Enhancement of Economic livelihood programs to improve their financial condition.
- Service to society and common good of all upholding human dignity and human rights.

**Vision:** A just and humane society where the compassionate love of God is manifested.

**Goal :** Fullness of life for all, especially the poor, the marginalized and the socially backward sections of the society with the primary focus on women and children.

**Mission:** Restoration of human dignity.

**1. Strategies used to implement the above objectives are :** Women are empowered through awareness programmes on various issues on atrocities against women, problems of adolescents, Legal knowledge, constitutional and Human rights education, gender justice, leadership skills, responsible parenthood, sexual harassment, settlement of family disputes, preparing children for competitive exams and promotion of ecology Child- rights/POCSO Act etc through Rights Based Approach and efforts have been made to create awareness and prevent the women and children from being the victims of exploitation. Women and families are also rescued through interventions at various stages of conflicts.

Through Counselling and legal measures number of cases are being settled amicably and through reconciliatory methods. All these are achieved through the strategy of Rights Based Approach.

**2. Women Empowerment Programmes:** Strengthening of women groups and formation of SHGs are done through the regular visits to the groups and villages by the social workers. Regular meetings are held and they are motivated towards their integrated development. In order to make them self-sufficient they are encouraged to save regularly which helps them to enhance their economic stability. Zonal and okkuta meetings are conducted regularly once a month during which different issues and concerns are dealt with. Women also avail loans for various needs from their respective SHGs as well as from the federation. Various capacity building sessions, promotion of women leadership and awareness towards the civic responsibility are planned meticulously. Women are empowered through awareness programs on legal knowledge, constitutional and human rights and gender justice.

**3. A. Capacity Enhancement programmes for the women :** women were trained in various aspects such as, leadership skills, awareness on Atrocities against women, Self employment, Need for an Organized approach, Human rights education, Responsible parenthood, Healthy–food habits and life style, Problems of Adolescence, Awareness on Government schemes, Herbal/home remedies, sexual harassment, Children’s rights/POCSO Act, global warming and ecological degradation, save water/save trees, vermin-culture, etc. Women actively participate in the group discussions and are able to express their opinion and gain the knowledge on the current issues and problems.

- Women group has been inaugurated at Bellur church with the membership of 20 who are actively involved in the parish activities. Session was conducted the need of the formation of group, its purpose and duties and responsibilities
- Awareness has been created on Anti-human trafficking in all our SHG groups which has enabled us to identify the various issues of women.
- Students at Porkodi and Maravoor Government schools are given awareness on the Anti-human trafficking and the care they need to take while at communicating with others.
- A session on “Adolescence” was conducted by Nalini for the students of Niranjana Swami College at Sunkadakatte. 125 students benefitted.
- Women and Child Welfare department was visited in order to know the facilities available for the Single parent Children and HIV infected persons.
- A Survey was conducted by visiting the families of fishermen, Farmers and those involved in D

- Visited the people at the construction sites in order to educate them on the facilities available from the Government.
- Attended the cases at the various police stations at Kaikamba, Kankanady, Bajpe, women's police station, Pandeshwara, Mulki, Moodubidri, Kitturu, Dodawada, Badravathi, Kadri etc
- Women are given awareness on Malaria, personal hygiene, clean surrounding and herbal medicines and home remedies. Women are supported and accompanied to avail good hospital services in times of their health needs. They are encouraged to make health cards from KMC as well as Fr. Muller's hospital.
- A session on "Woman and mental Health" organized by Sahodaya and Sinchana Mahila Mandal at Porkodi.
- A session on women and Law was organized at Sahodaya in collaboration with the JCI Mangalore. Mrs. Anitha Kini was the resource person. 150 women participated and benefited from this programme.
- The staff has visited 100 migrants houses at Meenakali, Baikampady. Children are organized and the needs are assessed for the further action.
- Mrs. Nalini and Nimisha have given the awareness to all SHG groups on the various Govt. facilities available for this year.
- Mrs. Nalini conducted a session on how to prepare compost manure for the women of Siddakatte. 25 ladies benefitted.
- Games were conducted for the women in honour of women's day celebration at Siddakatte, Surathkal, Karunalaya and Kodikal. Winners were awarded the prize on women's day.
- Nalini and Nimisha conducted a session on "family and health care" to the members of the self-help groups at Siddakatte, Mulki and Porkodi.
- Women are given an opportunity for Exposure programmes through educational tours and picnics.
- Session on "Woman and mental Health" organized by Bhagya Jyothi Mahila Mandal at Lingapayyakadu, Mulki.
- Hospital and PHC centers visited at Wenlock, at Marakada, Bajpe, Bondel, Ullala, Vamanjoor, Padil, Faisalnagar, Deralakatte, Kannuretc Cleanliness Drive was organized by 'Sinchana Mahila Mandal' Porkodi in view of Swacha Bharath.

#### **4. Children and youth development Programmes:**

- Value based training programs are held by Sahodaya to the students of St. Sebastian school, Bendur, St Joseph's High School, Kankanady as well as Government schools at Maravoor, Mulki and Prokodi. Once a month classes are conducted on the specific topics such as personality development, goal setting, self-esteem, good manners, tips for Concentration, respect for life, healthy friendships, POCSO ACT, social evils etc.
- At Porkodi Children participated in a cultural evening organized by the Somanatha Temple in honour of their Jatha.
- A workshop was conducted for the 7th and 8th Std children at Marakada School on the "Effects of Drugs".
- Youth who have been migrated for their studies and work from North East (Nagaland, Mizoram) are brought together and seen to their well-being and faith formation and also value based sessions are conducted.
- Jesus Youth who are studying at various colleges from different places are brought together and provided with their spiritual needs and input session.
- Six students along with Sr Michelle Participated in the "TEEN'S MEET" Program meat St Thomas School Campus in Mysore for 3 days.
- Sr Michelle renders her services as an Animator of Karnataka Jesus Youth Parish Team at the Karnataka Regional Level. She participates in all their meetings and visits the parishes along with the team whenever necessary.

**Children's Parliament towards promotion of responsible leadership:** formation of children's parliament is in process. At present there are three units at Baikampady – Meenakali Slum area (Migrants), Mulki and Porkodi. At meenakali (Migrants) new children's group is formed and named as 'Amrath'. Children meet once a month. Value based activities and leadership, personality development, Health and hygiene, need of education are some of the topics dealt with them.

**5. Counselling Services:** are made available for individuals, students and families of the focus areas. Sr. Michelle and Mrs. Nalini mainly provide these counseling and rehabilitation services. Referral services are provided to those who need specialized professional assistance through net work contacts like DEEDS, Kadri, child line, police and the legal assistance whenever needed. Family Counselling Programmes such as Case works, Dispute settlements, family and marital conflicts, Sexual harassment, Domestic violence/ Harassment Fight against alcoholism and Property harassment are rampant.

## **6. Documentation of Success stories**

There were 23 cases successfully settled by the Centre.

**7. Staff In-service Training:** Staff participates actively in all the meetings, workshops/ Trainings conducted by other NGOs. During the meetings they discuss on issues concerning Gender sensitization, superstitious beliefs, women atrocities, Problems of adolescents, sexual abuse, human rights and health. Some of the trainings which they attended are:

- Staff participated in a “Silent Protest “organized by the Mahila DourjanyaVedike at the Government Teachers Training Institute campus, Mangalore.
- Free health camp was attended at English Primary School at Kannur.
- Participated in a Grama Sabha meeting at Maravoor.
- Participated in a session on healthy diet organized by the Anganwadi Centre.
- Sr. Michelle participated in a workshop on “Women empowerment Policy” at the state level at Mysore
- Regularly attending the Mahilapara Chinthane meeting at DEEDS.
- TB awareness programme conducted by District health Department at Wenlock Hospital.
- The staff participated in a workshop on “Women empowerment Policy” at the District level at Roshni Nilaya.
- In collaboration with the Sanchalan and Spoorthi NGOs, Sahodaya staff assisted in the Exposure programme for the drop-out students from Koppala. Children were given an opportunity to visit Alva’s Educational Institute, Moodubidri, Women’s Police Station, Mangalore, Forum Mall, Science Centre Pilikula.
- Participation in Kemral gramasabha meeting.
- Visited HIV infected children at Cards-Savedana children’s home.
- Children’s day celebration at Siddakatte
- K.C.C. Card Registration organized by Sinchana Mahila Mandal.
- International T.B.Day celebration organized by Kanachur Hospital and Research Centre , Natekal, Mangalore
- Participated in the “BalaVikas” program at Marakada Anganwadi.

**8.Celebrations:**The International Women’s Day, Independence Day, children’s day, attidonjidina, Annual days, Christmas & New Year celebrations are held in

the respective areas and in the centre. This provides women a platform to exhibit their talents, come together to celebrate their womanhood, share experiences and build mutual support system and unity among themselves. 2500 people participated in various celebrations in different zones.

**9. Health Initiatives:** In collaboration with CHAI Hyderabad Sahodaya is actively involved in creating awareness on TB through AKSHAYA Project. Door to door visits, identifying the patients, sputum collection and visits to primary health centers are done. Every month 250 houses are visited in and around Mangalore Taluka. As of this date 3000 households and 45020 individuals are given the knowledge of Tuberculosis. The patients are identified and referral services are provided through the local PHCs.

**Villages Visited:** Haleyangadi, Konchar, Batrakere, T.C.Road, Thokottu, Krishnagara, Millathnagara, Mukkacherry, Indiranagara, Subhasnagara, Suvarna Road, Ullal, Sashihithlu, Porkodi, Panjimuger, Kerekadu, Pakshikere, Hydarali Road, Kodi, Beech Road, Patil Compound, Ullal Darga Road, Marakada, Faisal Nagara, Veera Nagara, Devinagara.

- A day's training programme was conducted in Sahodaya for the animators who involved in this TB project at Sahodaya. Mr. Kishore the Co-ordinator of TB Project was the resource person dealt on the process of implementation and how to network with the other health related departments of the government.
- International TB day was celebrated at Town Hall at Mangaluru. Our field work students from Roshni Nilaya had enacted a role play on awareness of TB. Nearly 800 were present. □
- Two TB information boards have been installed in our TB working areas by the District Co-ordinator for TB project to make that area "TB FREE" village at Chembugudde and Ulla bus stand.
- Free Medical camps were conducted at Sahodaya Centre as well as in Siddakatte SHG groups in collaboration with Hindu Kust Nivarana Kendra, Attavara. Around 150 women have benefitted.

**10. Availing of Government Facilities:** Through the constant awareness the people are able to approach the offices and demand for their rights and avail the schemes and benefits.

- Two months “Beautician Course was conducted in Sahodaya Centre supported by the Women’s Polytechnic, Bondel.30 women were awarded with the certificate. One Lady has started her own beauty parlour at Koialbail.
- In collaboration with the Women’s Polytechnic, Bondel, 4 months Tailoring Course was organized by Sahodaya at Porkodi Madari Vikasa Kendra.30 women benefitted.
- Benefits availed under government schemes are Widow pension 2, Old-age pension 2, Handicap pension 2, Sandhya suraksha Scheme 2, Minority scholarship 18, Senior Citizen ID-2, Adhar Card 2, Income Certificate 1, Navodaya hostel seat 26, Marriage Registration 1, Regular help TB Patients 2, Construction Workers ID Cards 30.

**11. Financial Assistance to the poor Children:** Deserving Children from poor areas and families are supported for their fees, uniforms, Shoes, books and other materials from the Trust fund. This year 23 students have benefitted.

**12. Resource Development:** Resources of Sr Michelle are being utilized in conducting training programs to different groups. Two days of training was conducted for the BSC students of St. Aloysius College on Conflict management and Social awareness and Two days’ workshop for the students at RUSEMP on Self Esteem, Inter-personnel skills and leadership. 350 students were present. Sr. Michelle collaborates with CODP in the “EDUCARE” Project of the Diocese, where the Catholic Students are given interest free loan for the higher education. Sr. Shanthi Priya addressed the Women of Mangalore Taluka Mahila Okkutta on the topic Inter-Religious festivals. The Staff of Sahodaya also visit schools, women groups, and conduct trainings on children’s rights, human rights, influence of Mass media, Legal Aid for members of Sanchalana etc.

**13. Placement Agency for BSW/MSW students:** Sahodaya collaborates with the colleges of social work-Roshni Nilaya, St Aloysius College and Mangalore University College in the placement of their students for field work. 4 Students were placed in Mulki-Lingapayyakadu, Adyar-Kannur, Kuttar and Meenakalya.

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**14. Net Working with other NGOs:** the Trust promotes networking and collaboration on issue-based involvement with different local NGOs like School of Social Work, Roshni Nilaya, Family service Agency, MahilaJala,



Okkuta, Sanchi, Valored, Parisarasaktara Okkuta, Bhandavya, Spandana, DEEDS, CODP, Domestic workers Movement, and people's Movement for Enforcement of Constitutional Rights and Values.

**15. Sanchi Trust:** SHGs women avail loan through Sanchi Trust for the self employment initiatives. Women avail loan for self-employment such as tailoring shop, grocery shop, pickle sale, catering, dairy farming, Agriculture, garments sale rooms for rent, and tea stall etc. Women have developed their capacity for bank transactions and economic improvement of the family.

**16. Sahodaya Competitive Examination (SCE):** The Bethany Social Service Trust through Sahodaya conducted Competitive Exams for the 13<sup>th</sup> year consecutively; for the students of Std 5<sup>th</sup> to 7<sup>th</sup> of Kannada medium schools to enhance their capacity and to prepare them for the future. This year 1267 students from 19 Kannada Medium Schools appeared for the examination held in November 2016. Those securing 50% and above are awarded with merit certificates and toppers are given cash prizes. Notable improvement in the students who participated in this self-development programme is recorded.

**17. Sahodaya Bulletin:** Sahodaya publishes quarterly News bulletin which highlights the main social work activities of the centers which come under the Central Administration and Mangalore Province. It serves as a link among the institutions and agencies, a channel to share views, success stories and challenging experiences in the field.

**Conclusion:** I thank Sr Rose Celine the President of the Trust, for her keen interest, support and guidance in the development the Trust activities. I am grateful to all the Board of Trustees their support, keen interest and encouragement and financial assistance in realizing the goals and objectives of the Trust.

Sr. Shanthi Priya BS  
Secretary

